

Grade 12

Set Book (Final Revision)

1- How do you think we can keep physically active and ensure a long life (keep our muscles supple)?

- What advice can you give to people to ensure a long life? (2nd period 2017)

- By active stretching - doing some exercise (2012-13/ 2015)
- By working and go on a good diet - Having enough sleep

2- In your point of view, it is hard to find geriatric homes in Kuwait and the rest of the Arab World. Why? (2013 – 2014)

- Islam teaches us to honor the elderly. (4th period 2013 – 2014)
- Islam teaches us to show them compassion.

3- What may happen if we don't get enough sleep?

- What are the effects of lack of sleep / problems of sleep deprivation?

- We feel drowsy - We have memory problems (2013 - 2014)
- We feel moody - we can gain weight

4- Why is it important to get enough sleep? / What is the importance of sleep?

- It helps keep new information - It helps do better on tests (2010-2011)

How can we show gratitude and respect to the elderly / parents? (2012-13- 16)

5- What are the Islamic Teachings regarding the treatment of parents by children?

- Showing friendship - looking after them (3rd 2014-15)
- Talking to them - Helping them do simple tasks.

6- What are the factors that have affected / increased life expectancy in Kuwait? (2012-2013)

- It's health care - It's good nutrition - It's modern medicine

7- Why do you think people move from the countryside to live in the city? (2013-2014)

- There are more services - Better-paid jobs - More fun places

8- What advantages and disadvantages are there of living in a city? (2012 - 2013)

Advantages: - More services - Better-paid jobs

Disadvantages: - Pollution - Overcrowding

9- Why do many wealthy people move to live in the countryside in recent years?

- Some people prefer living in the countryside escaping towns. Give reasons. (2010- 2012- 2013)

- They can enjoy fresh air and nature in the countryside
- They can escape from overcrowding and pollution in cities

10- Why is the Silk City being built ? (2010-2011)

- Governments have to build new cities for several reasons. Explain. (2nd period 2017)

- To offer housing and jobs - to make Kuwait a world trade centre.
- To solve many problems as noise, traffic,.....

From your point, cities like Silk City will change the way we live. Explain.

- People will be happy - People will live near water and green areas
- People will overcome the problem of limited land (2012 –13 -16)

12- How do you think cities ten years from now will differ from cities we inhabit today?

- There will be vertical villages (4th period 2013 – 2014)
- There will be more services and more fun places.

13- How do you think traditional pastimes and leisure activities have changed in the modern world? (2010-2011)

- In the past: They were telling stories, reading books, visiting each other.
- Nowadays: They are shopping, chatting, playing computer games.

14- in your opinion , how can we make the best use of our free time ?

- Reading books, playing sports and visiting our family and friends.

15- What are the purposes/ activities / events of Bayt Lothan? (2012-2013)

**-Bayt Lothan serves as a shelter for arts and crafts (a cultural centre)
.Explain. (2013 - 14)**

16- How could old buildings be used to serve new purposes? (2011-12 / 3rd P. 2015)

- It is a center for arts
- It has workshops / art gallery
- It has classes / exhibitions
- It has a known coffee house.

17- Are you for or against restoring and reusing old buildings ? Give reasons. (2013 - 2014)

- I'm for -We can use them as museums, workshops, center for arts.

18- How did young people spend their free time in the past? (2012 – 2013)

- they made their own fun.
- they played games in groups

19- What were the characteristics of the games of the past? (2011- 2012)

- Compare between the characteristics of the old games and new ones. (3rd P 2016)

Old games: -games had well-known rules. -children used simple things.

- Games were played in groups

New games: – games do not need socializing - new games make players idle.

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4th Period

Unit 10

1- Mention some difficulties / challenges that may face spending time in the isolated icy mountains.

الصعوبات والتحديات التي ربما تواجه من يقضي وقت في الجبال الجليدية المنعزلة.

- They are cold, sickness, injury and lack of oxygen.

- البرد والمرض والإصابات ونقص الأكسجين.

2-There are good qualities that make a good mountain climber such as ...

- What qualities would a person need to push the limits (obstacles) / survive the difficulties and bad conditions?

- What type of personality and skills / attributes are important for challenges?

المهارات المطلوبة لمتسقي الجبال

- They are fitness, strength and courage, patience and strong will.

- اللياقة والقوة والشجاعة والصبر والعزيمة القوية.

3- In your opinion, what are the preparations people should make before going on expeditions? (2012 / 2016)

- Get enough training. - Join a team.

- Get the right equipment. - Take food, water and a compass.

التمرين الكافي - الانضمام بفريق - أخذ المعدات المناسبة - أخذ طعام وماء وبوصلة.

4- Are you interested in making a mountain expedition / doing something physically and mentally demanding? Why? مع أم ضد رحلات الاستكشاف الجبلية؟

- Yes, I am as it is exciting (fun) and I will be famous.

- نعم أنا مع تلك الرحلات لأنها شيقة وسأصبح مشهور.

5-What are pros and cons of record-breaking attempts?

- Why are some people so keen to break records? (2011)

- ما هي مزايا وعيوب تحطيم الأرقام القياسية؟

PROS: - They are fame, proving abilities and amazing achievements.

CONS: - They are extremely dangerous, facing death and getting lost.

المزايا: الشهرة وإثبات قدراتهم والإنجازات الرائعة.

العيوب: خطيرة للغاية ومواجهة الموت وأن تضيق.

6- Why do people / adventurers push themselves to extreme limits of human endurance?

- To gain fame and money - To set a record. - To be famous.

لكسب الشهرة والمال - لتسجيل رقم قياسي - سعياً وراء الشهرة.

Unit 11

1- What can be learnt from expeditions of challenges?

- ما الذي يمكننا تعلمه من رحلات أو بعثات التحدي؟

- Patience and courage الصبر والشجاعة - Experience and adventure الخبرة والمغامرة

2- Mention the pros and cons of space travel / exploration. Why is the space station important? مزايا وعيوب رحلات أو استكشاف الفضاء

- Space exploration / travel is very exciting. Are you for or against space travel .Why? Why not? (2016) هل أنت مع أم ضد رحلات الفضاء ولماذا؟

-Pros / For: - Making progress on earth. - Discovering other planets

- Developing useful innovations

مزايا / أو مع: إحراز تقدم على الأرض - استكشاف الكواكب الأخرى - تطوير اختراعات مفيدة.

- Cons / Against: - it is costly. - It is dangerous and risky

عيوب / ضد: لأنها مكلفة - لأنها محفوفة بالمجازفة والمخاطر

3- Some people contend that Venus is the earth's sister. Mention the similarities and differences between them? (2011)

أوجه الشبه والاختلاف بين كوكب الأرض وكوكب الزهرة؟

- Similarities: - They are about the same size and age. لهما نفس الحجم والشكل.

- Differences: - Venus has no seas and it is too hot. ليس لكوكب الزهرة بحار وحرار.

4- How has space technology affected flight / aircraft technology? (2012)

- كيف أثرت تكنولوجيا الفضاء على الطائرات أو تكنولوجيا الطيران؟

- It made aircraft lighter and faster - It made aeroplane engines quieter

- جعلت الطائرة أخف وزناً وأسرع - جعلت محركات الطائرة أكثر هدوء.

5- The wireless technology helped to solve the communication problems in space and Earth. Mention.

7- Space technology has a great impact on people's lives. How? (2017)

كيف ساعدت التكنولوجيا اللاسلكية في حل مشاكل الاتصال في الفضاء والأرض؟

- It is used in medicine. - It is used for saving lives.

- It monitors heart activity.

- تستخدم في الطب - تستخدم لإنقاذ الأرواح - مراقبة نشاط القلب

6- There are a lot of benefits and spin-offs we could get from space technology. Mention some. فوائد وعوائد تكنولوجيا الفضاء

How do advances in space technology benefit you in your daily life? (2013)

- We have satellite television, mobile phones, AC units and GPS systems.

- أصبح لدينا القنوات الفضائية والهواتف النقالة ووحدات التكيف وأنظمة الملاحة.

Unit 12

1-What are the advantages and disadvantages of being a child prodigy?
(2013)

مزايا و عيوب كونك طفل معجزة

- **Advantages:** - Gaining respect and fame. المزايا: اكتساب الشهرة والاحترام
- **Disadvantages:** - Having few friends. -Being treated in a different way.
العيوب: امتلاك القليل من الأصدقاء -المعاملة بشكل مختلف.

2-How should child prodigies be treated by their parents and teachers?
(2013) كيفية التعامل مع الأطفال المعجزة من آبائهم ومعلميهم؟

- Develop their talents and skills. - We should care for them.
-تطوير مواهبهم ومهاراتهم. - العناية بهم.

3- Mention two qualities an inventive genius should have? (2012)

الصفات التي يجب أن تكون عند المخترع العبقرى.

- They should have dedication, initiative, courage, work hard, problem solving and perseverance.
التفاني والمبادرة والشجاعة والعمل الجاد وحل المشكلات والمثابرة.

4- In your opinion, how can we encourage and appreciate young talents?
(2013)

- How can governments encourage people to utilize their talents and creativity? (2017)

- كيفية الاستفادة وتشجيع وتقدير المواهب.
- We should give them awards. منحهم الجوائز
- We should support and care for them. دعمهم ورعايتهم.

5- What makes a successful businessman? (2011)

مقومات رجل الأعمال الناجح.

- Planning and clear vision - Communication skills and confidence.
- التخطيط والرؤيا الواضحة - مهارات التواصل والثقة

